

# Lewannick, Polyphant & Trevadlock Newsletter

## War Memorial resurrected

Works to Lewannick War memorial are all but complete and there will be a re-dedication service on Remembrance Sunday.

### Don't forget the newsletter!

Please send details of any events you are involved in or know about. The newsletter goes out to nearly 450 homes in the Parish and is read by 1000 people or more. All advertising for events, private sales and local business within the Parish is free (and will be included subject to space available). We will also publish any articles relating to the history of, or life in, the Parish. We have a reciprocal arrangement with North Hill to publish details of events, so news of your event could reach even more people., but only if you tell us about it

If you have a photo relating in any way to the parish and would like to see it published, please send a copy. We promise to return it.

Contributions sent by email are very welcome as it saves a lot of two finger typing! Please send to david@lewannick.info. Other contact details are at the bottom of the back page. And **PLEASE** remember to send on or preferably **BEFORE** the deadline. This month it's **Sunday 26th October**.



## PARISH COUNCIL

Lewannick Parish Council held their monthly meeting at Lewannick Village Hall on Thursday 18 September at 8pm. The playground at Lewannick was discussed and it was agreed that we would go ahead with the necessary repairs which amount to almost £1,000. This will include the renewal of a fence and a number of repairs to the apparatus as instructed by our insurers. We also went out to tender for a village seat at Polyphant. It was agreed at our meeting that as no-one applied for the tender that we would carry out the installation of a seat ourselves and the works to this will also be done soon. We have received a number of highly favourable comments with regard to the War Memorial which is now almost complete. We have sent an invitation to Lewannick Primary School in order that we can incorporate some bulb planting around the Memorial. There will be a re-dedication service on Remembrance Sunday.

Planning applications which were supported included:- Erection of lean-to extension, Mount Pleasant, Medrow, Mr Y and Mrs J Potter;

Erection of single storey extension, Medrow Bungalow, Mr T Ellis, Erection of conservatory to south elevation, Tinney Hall Cottage, Lewannick Mr M T Sobey and erection of first floor extension to provide additional bedroom Tremarvey Barn, Trenhorne, Congdon Shop, Mr N Davey. For information Mr and Mrs R Dinnis, Laurel Cottage erection of extension to dwelling, has been approved. Cheques passed for payment:-

Audit Commission £141.00, BJV (cleaning bus shelter) £22.00, Copytech £60 (newsletter), P J Badge £616.00 (maintenance of grass) and David J Gynn £2,843.35 final payment War Memorial. Residents who have written to us regarding the heavy lorries using the road through Lewannick and the implementation of a weight restriction through the village to encourage non-essential heavy traffic to use the B3257 have been forwarded to Highways who have informed us that there is nothing that they can do to prevent traffic going through the village at present. However, we have also been writing to Devon & Cornwall Constabulary and they have now written back apologising for the delay in responding to us but following relevant training next week (week commencing 22 September) WPC Campbell will be addressing our concerns personally over the coming months by monitoring the traffic flow and using the speed detection equipment available to them. Copies of letters from residents within the parish have also been forwarded to WPC Campbell. We thank all those who have written to us. Litter and dog faeces are a constant concern. We have received complaints from a resident in Trevadlock who states that dog owners are picking up faeces, bagging it and then throwing it over the hedge into neighbouring fields which is extremely unpleasant and moreover dangerous to livestock and working machinery. The Dog Warden has been informed.

Finally may we remind farm owners who have hedges that face the Highway to please be aware that the narrow lanes do need cutting back as they are causing a hazard.

Our next meeting will be held at Polyphant on Thursday 16 October commencing 8pm.

**Shed Rock!**  
at  
**Trenault Farm**  
Sat 4th October  
Featuring the  
**Horse Band**  
and supporting disco,  
Licensed Bar, Admission £3, or £5 to include pasty and soup.

It's cool!

Proceeds to National Children's Homes SPACE Scheme for children with special needs.

Come and have a "Hell" of a time  
at the Archer Arms  
**Halloween Fancy Dress Party**  
on 31st October,  
Disco, Raffle, Nibbles,  
and prizes for best  
Male and Female Costumes.

## LEWANNICK VILLAGE HALL NEWS

At their September meeting the committee viewed the plans for the extension to the Village Hall for disabled toilets, drawn up by the architect. These will now be submitted to N.C.D.C for planning permission.

**Forthcoming events :-**

### Jumble Sale

**Saturday 18th October at 2:30pm.**

Any jumble can be left at Ken and Betty White's or collection can be arranged by calling Betty on 782228 or Margo on 782767.

### 50/50 auction

**Saturday 1st November.**

Entry forms available from the post office

### Skittles Evening

**November 22nd** more details in next months newsletter.

### Monthly Coach Trip

Next trip will hopefully be on 23rd October to Barnstaple, Fare £5. Pick up points as usual. To be confirmed. Enquiries and bookings, telephone June Smith on 782901.

### Inny Vale Embroiderers Guild

Next meeting 16th October Polyphant Community Centre 2.00-4.00 pm. Further information tel. Bettie on 86381.

### Polyphant WI

Our October meeting will be on Wednesday 29 October at 7.15 pm in Polyphant Methodist Church Hall. This month our speaker will be Mrs Mary Wallwork – "Sixty Years on the Bottle – a chemist's career". Everyone is welcome. Any further details contact Ann on 880019.

### Polyphant WI Coffee Morning

By kind invitation of Mrs Tamsin Sowerby, we are holding a coffee morning at Coombs Head Farm on Thursday 13 November from 10.00 to 12.00 noon. Bring and buy, cake stall and raffle. Everyone welcome.

### Bovetown Coffee Mornings

There will be no coffee morning in October. Grateful thanks to Karen and the Post Office for raising £90 towards the Church Restoration Fund.

### Stride for Life

On the 12th October at the Lanhydrock Estate the Cancer Research Unit are arranging a "Stride for Life". This is a six mile walk around the estate to be undertaken by people who have had breast cancer.

The aim is to raise as much money as possible for research into this particular illness and hopefully to find a cure.

I am hoping to take part in this particular walk and any support would be much appreciated, either by sponsorship or donations. Karen has a sponsor form at the Post Office.

Thank you for your valued support.

*Rachel Fuge*

### Whitmans Weather

In September there were 20 dry days and 44mm (1<sup>3</sup>/<sub>4</sub>") of rain. Figures for September last year were 18mm (3<sup>3</sup>/<sub>4</sub>"). This year, to date, there have been 149 dry days, and 708mm (27<sup>3</sup>/<sub>4</sub>") of rain, compared to this time last year when there had been 131 dry days and 1107mm (43<sup>1</sup>/<sub>4</sub>") of rain.

*Steve Whitman*

## LEWANNICK CHURCH NEWS AND DIARY DATES FOR OCTOBER

### St. Martin's Church

Sun 5 Holy Communion 10.00am  
Sun 12 Family Service 10.00am  
Sun 19 Holy Communion 10.00am  
Sun 26 Morning Prayer 10.00am  
Sun 5 Bowden Derra 8.00pm

### Diary Dates

Tues 7 Induction of Rev. Stamford at Altarnun at 7pm  
Fri10/Sat11 Worship Leader's Course at Golberdon  
Tue11 Nov Martin Mass Evening Service 7pm, Supper 8.15pm

### Thought for the month

*For with You is the fountain of life;  
In Your light we see light.*

### Uni for local students

Hannah Brown, Katie Parnell and Simeon Webbling have all gone to University. Hannah to Cardiff to study Modern Languages, Katie to Plymouth to Study Psychology and Criminal Justice, and Simeon to Exeter to study Biological Medicinal Chemistry.

Good luck to them all.

### Webb Ivory Christmas Catalogue Out Now!

Up to 25% of the value of orders will be donated to the Church Restoration Fund. Available at the Archer Arms. Please post completed order forms in the box provided at the Archer Arms by mid October to ensure delivery in time for Christmas, For more details phone Cara at the Archer Arms on 01566 782450.

## Lewannick Post Office

### Banking with Alliance & Leicester, Barclays or Lloyds TSB?

You can now withdraw cash at the Post Office just by using your card and PIN. (Same principle as a "hole in the wall". You can also make deposits into your account.

**Foreign Currency** still commission free - 48 hour delivery.

**Pumpkins** will be available towards the end of the month.

**As winter approaches**, coal, logs, kindling and firelighters are available and can be delivered.

### DJ + quality sound system available for celebrations, parties, bar mitzvahs etc.!

Prefer to play dance, funk, acid jazz, ambient, etc, but will do 60s,70s,80s disco if you really insist! Rates negotiable. Barter acceptable! Phone 782352.

**For latest news, events & photos visit:  
[www.lewannick.info](http://www.lewannick.info)**

## METHODIST CHURCH PREACHERS AND EVENTS FOR OCTOBER

### Superintendent Minister

**Rev. Roger Green – Tel: 01566 782240**

### Polyphant Morning Service 10.30 am

Sun 5 Peter Goodman  
Sun 12 At Lewannick  
Sun 19 John Ware  
Sun 26 Ian Metherell

### Lewannick\* Morning Service 11.00 am

Sun 5 Neville Helme  
Sun 12 Anne Rowe (Harvest Festival)  
Sun 19 Margaret Horrell  
Sun 26 James Spragg

### \*NB Lewannick services in the Village Hall

### October Events:

Wed. 8 At Polyphant Coffee Morning 10.30 – 11.30am.  
Sun 26 Community Harvest Thanksgiving Launceston Town Hall, 7.00pm

### Notes:

- 1) Proceeds from the Harvest Festival and Harvest Supper at Polyphant raised £221 for "Help the Aged."
- 2) The Polyphant Annual Christmas Bazaar will be taking place on November 29. Tables may now be booked by contacting Diane Greenfield, 16 Serpells Meadow, Polyphant. 01566 86340.

### Recycling collections

OCTOBER: Lewannick & Polyphant Tuesday 7th & 21st. Trevadlock - Tuesday Sept. 14th & 28th.

### Time to make wine

Elderberries will soon be at their peak and Elderberry wine is one of the easiest and most palatable wines to make. Elder has health-giving properties and the wine, although red, has none of the tannin and red grape trace elements which some people blame for headaches.

I strongly recommend that you use a 5 gallon plastic fermenting cask. You will also need a 5 gallon plastic bin. These are available from specialist winemaking shops or the smallholders supply shop in Launceston. With these you should be able to make a batch of 30 bottles of extremely drinkable wine!

The key to successful winemaking is to prevent bacterial infection by sterilizing everything that comes into contact with the wine with bleach and boiling water, and then to rinse well with more boiling water.

You need 4 lbs of Elderberries per gallon. If you use a 5 gallon bin that would be about three quarters full. Don't bother to remove berries from stalks. Boil water in kettles and pans and pour over the berries until covered. Allow to stand for a day then pound with a piece of sterilized wood to burst all the berries. Stand for another day then, using a gravity strainer and large funnel, strain into the fermenting cask. Take some of the strained juice and using a large pan gently warm and add 2lbs sugar per gallon (2½lbs for a sweeter wine). Stir until dissolved then pour back into the fermenting cask. Add yeast nutrient as recommended on the container and the juice of 1 lemon per gallon. Top up until nearly full with boiled water. When the temperature is blood heat or less add a sachet of wine yeast (high alcohol tolerance is best!). Allow to ferment in a warm place for at least 2 weeks. Use a fermentation lock to prevent bacteria entering. When fermentation ceases seal with cap or clingfilm. Bottle using sterilized bottles after 6 months using a siphon which should leave all sediment in the bottom of the fermenting cask. Leave for at least 3 more months before drinking and try to leave at least a few bottles to age for 2 to 5 years.

*David*

### CLOSING DATE FOR OCTOBER NEWSLETTER: SUNDAY 26th OCTOBER

Please send your contributions to David Eno, Pen-Inney Cottage, Lewannick, Launceston, PL15 7QD. • E-mail: [david@lewannick.info](mailto:david@lewannick.info) • Phone: 01566 782 352

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