

# Lewannick, Polyphant & Trevadlock Newsletter

## Local is good for you!

It doesn't seem so long ago that milk in the parish was supplied from Ken White's farm, delivered to the doorstep in bottles, or collected personally from the dairy at Bovetown. In the early days Ken's father also used to run a mobile butchers' van. Bread too, was delivered to the door in the basket of sunny Caribbean personality, Mac the Baker (who always had time to teach me a few new guitar chords). Vegetables on sale in Maurice and Rachel's shop were grown a couple of fields away for many years by Tom Parnell.

The bread probably came all the way from Callington, but the vegetables, meat and the milk came from fields within the parish. Other produce available in the shop such as tinned pilchards or honey probably hadn't travelled that far either.

If you wanted something more exotic, freshly ground coffee, tinned olives or foreign cheese, you went to Foleys in Launceston, and Mr Folley would quite likely serve you personally from behind the counter, slicing off a chunk of Parmesan or putting the beans in the grinder.

The time I'm thinking of is the late 60s and for hundreds of years previous to that the source of food would have been equally local. I'm sure you know exactly what I'm on about - food miles, carbon emissions, global warming. Potatoes flown in from Israel, strawberries and green beans from South Africa etc. etc.

Anyway, it gave me great pleasure recently to be confronted by a beaming Scots shopkeeper. He told me that Newlands Dairy had tried to put his milk up by 2p a pint. Incensed, he had phoned around to see if he could get it cheaper elsewhere, and was delighted to be able to phone Newlands back and tell them to keep their milk, or words to that effect which I can't repeat! The milk at Lewannick Post Office and Shop now comes from Bradleys Dairy, a family run business, just 10 miles away in Delabole, from Cornish cows in Cornish fields. Not only that but its now up to 7p per pint cheaper (depending on the size container you buy), and of course, its fresher by at least a day.

Last month Alan and Shirley also started selling fresh meat from local suppliers Kittows of Par which I'm told is excellent (ok I'm a [sort of] veggie). You can also buy Cornish potatoes and cauliflowers and other local produce there.

Quite apart from the advantages of cheaper, fresher food, produced and transported with minimal damage to the environment there is also a very important economic message in all this.

Much as we may like the huge range of cheap food and goods supplied by Tesco and other supermarkets, these are not doing us any good. Yes, they provide some employment, and they sell a few locally produced items. But they are destroying the

trade, fabric and employment opportunities of small towns like Launceston They only give us choice on their terms and ultimately destroy the choice that we once had to shop in other outlets.

Even more important than all this is the effect on the local economy. Cornwall is not a rich county. Tesco and other multi national companies act like giant money hoovers, sucking in our hard earned wages and taking them away from the county and even the country. What they spend locally on wages is just a tiny drop in the ocean.

When you buy a pint of milk at the local shop, the shopkeeper, hopefully, makes some profit which goes towards his wages, the local dairy get paid and they employ local farm workers, vets, food suppliers etc and make a profit. If the wages and profits of all these people are then spent locally the money keeps circulating in the local economy. This helps create more jobs and increases the amount of money we can earn. Farming is still one of Cornwall's most important businesses, and hopefully will soon see a big revival.

In addition Cornwall does have one fantastic way of bringing in money, and that is tourism. We moan when our roads get snarled up and hooray Henrys make trouble on the beach at Polzeath, but tourists bring huge amounts of money into the county. The minerals and the pilchards may be gone, but Cornwall's biggest asset, it's natural beauty, will always give us an advantage, if we don't destroy it.

So, think local and keep healthy, in body and bank balance!  
*David*

### Lewannick Post Office & Stores Tel 01566 782 269

#### POST OFFICE

Now available:

**On-demand Euros.**

No need to pre-order,  
no commission to pay.

Also you can still pre-order  
over 70 currencies for  
next day delivery.

PO open Mon-Fri 9.00-5.30, Sat 9-12

#### STORES

**NEW – locally produced  
milk and dairy products**  
2 litres milk only £1.08  
8 ozs clotted cream £1.45

**NEW - range of fresh Cornish  
produced meat, dry-cured  
bacon, chicken fillets, beef,  
lamb, and pork. Always  
available or supplied to order.**

Shop open Mon - Sat, 7.30 am - 7 pm  
Sun, 9 am - 12 noon

Support your local P.O. and Shop  
[www.lewannick.com/postoffice](http://www.lewannick.com/postoffice)

### LEWANNICK PARISH COUNCIL

We met on Wednesday 21 March at Polyphant Village Hall. There will be a further Liaison Meeting on Thursday 5 April pm regarding the operations at Blackhill Quarry.

We have heard from CCC Highways following our enquiries on the condition of road surfaces. Treguddick Mill - this section of road has been placed on a list for siding and sweeping, Blackhill Quarry to Polyphant - the potholes will be temporarily repaired and a permanent repair made in the next financial year. Trevadlock Cross to Down End - the two blocked gullies have now been cleared. We are also in negotiation with Lewannick Primary School regarding the dedication of land between Hawks Tor to Lewannick Primary School for widening of the footpath. This will be put on a list of works which will be considered by Cllr Burden at the next annual review.

Planning applications, which were supported: 2007/00370 Polyphant House, Polyphant, Tree Preservation Order to carry out works to trees covered by a Tree Preservation order, namely remedial tree work and 2007/00467 Listed Building Consent for alterations in connection with the conversion of barn into dwelling, Hollyvagg Farm, Lewannick, Mr K and Mrs A Moore

Appeal received ref Mr A T Haithwaite.  
Invoices received for payment: T & S Ellis £221.84 (aggregate for road across Green) and £3,172.50 Perfect Pastures for stump and stone clearance together with returning.

Cheque for £5,000 T Ellis - Polyphant Green has been paid

Dog Control Orders at Crackington Haven, Crooklets Beach, Polzeath, St Georges Well, Padstow, Trevone and Widemouth will be in force from Easter Sunday to 30 September.

Department for Constitutional Affairs Memorial Safety - a copy of this letter has been forwarded to all relevant parties.

We have had concerns raised regarding residents leaving rubbish and in particular recycling, out for collection too early. May we remind residents to please leave their rubbish out no earlier than the night prior to collection. Thank you.

If residents have any concerns that they wish to communicate we are always pleased to hear from you. However, please have consideration to the receiver of your messages. Please phone during office hours i.e., 09.00 to 17.00hrs only on 01566 86793. Thank you.

Parish Council Elections - 3rd May 2007. We have Candidates Information packs available which contains nomination papers for the Parish Council elections in May 2007. Completed nomination papers must be delivered to NDCD at Higher Tenant Road, Wadebridge by noon on Wednesday 4 April.

If you wish to have a pack please phone 01566 86793 - Chair.

Our next meeting will be at Lewannick on Wednesday 18 April commencing 8pm. As always members of the public are welcome to attend.

# Village Hall News

The recent jumble sale raised just over £160 for Village Hall Funds. Thanks to all who donated, helped and attended.

At a meeting of the Mayday Committee it was decided that this year's profits should also go to the Village Hall.

We aim to complete the outside painting using volunteer helpers as soon as weather and time permit, and then to move on to the complete re-decoration of the inside. Due to the amount of work involved we will put this out to tender (see below).

## Spring Wine & Wisdom Saturday 14th April 7.45 for 8pm Lewannick Village Hall

In aid of Lewannick Amateur Dramatic Society. Time to get those brain cells out of hibernation! Teams of four, £12 per team. Always a popular night so book early. Teams to Jenny 782 070.

For further information about all Village Hall events or to book the Hall for your own event call Margo on 782 767.

### Lewannick Village Hall Committee

invite tenders for the internal painting and decoration of the Hall. This will involve cleaning and preparation work. The hall can be inspected by phoning Margo on 01566 782 767 (evenings) for an appointment.

## Sponsor a chair!

Our campaign is off to a great start and we now have a total of 48 comfortable chairs in the Village Hall with enough money to order another 20 or so. If you haven't already, please sponsor a chair at £15 and help to banish sore bums forever! The nice lady in charge is Jacky Dinnis, Trekeland Farm, Lewannick. PL15 7QH tel: 782799 or leave donations at Lewannick Post Office. (Please make cheques payable to 'Lewannick Village Hall').

## Mayday

Practices for grown-up(!) maypole dancing will commence on Thursday 29th March at 7.30pm. We have lots of children who are already in training for their own Maypole dances. We are now seeking children who would like to take part in the May Maids procession. Please ring Mel on 01566 86717 or Jacky on 01566 782799. If you would like a stall please book. Small table £5, large £7. For this and further general information about Mayday ring Margo on 01566 782767

## The Haven Livery Yard

Small friendly yard. Quiet location. Good turnout. Indoor stables and Menage 24 Hour supervision. Off road riding & XC course. Lovely hacking, within easy reach of the moors. Lorry/Trailer parking  
**Tel 07855 889 082**

### CLOSING DATE FOR NEXT NEWSLETTER: SUNDAY 22 APRIL

Please send your contributions to David Eno, Pen-Inney Cottage, Lewannick, Launceston, PL15 7QD. • E-mail: david@lewannick.info • Phone: 01566 782 352  
Published by Lewannick Parish Council. The Editor reserves the right to cut or omit articles submitted. Views expressed in this newsletter are not necessarily those of the Editor, or of the Parish Council.

## LEWANNICK CHURCHES TOGETHER DATES FOR APRIL

### Lewannick Morning Service all at St Martin's Church (times variable)

Sun 1	Rev. Chris Probert (9.30 a.m.)
Sun 8	Neil Burden (10.00 a.m.)
Sun 15	Rev. Chris Probert (9.30 a.m.)
Sun 22	Marguerite Smith (10.00 a.m./)
Sun 29	Group Eucharist (10.30 a.m.)

### Events

Thur 19 Woman's Network, Easter Offering Spring Rally," At Altarnun. 7.30pm

## Recycling collections:

APRIL: Lewannick, Polyphant and Trevadlock Hall Park, Tuesday 3rd & 17th. Trevadlock Village, Tuesday 10th & 24th.

## Ladies' Club

On Wednesday 25 April the newly formed Polyphant Ladies' Club will be visiting Davidstow Cheese Factory to learn more about the work being done there. Non members welcome, please telephone Ann on 880019 for more details

## The weather

The rainfall at Trelaske for the month 25/3/07 to 24/3/07 was 148.9 mm (5.86 in). Most of this figure was recorded during the first week of March. *Robert Ashford*

## Gardening Club

Wednesday 4th April  
'Climate change and our wildlife'

Wednesday 2nd May  
'Garden perennials'

Lewannick Village Hall 7.30pm

**ALL WELCOME – £1 on the door**  
Enquiries phone Tim Ellis on 01566 86641

## Lewannick Film Society

Our next films will be chosen by members' votes following the screening on Friday 30th March. The date (in April) of our next films is also to be decided, watch notice boards.

Members will be contacted.

Leaflets and posters with more information about the films and film society are available at Lewannick Post Office.

New members are welcome at any time.

For more info visit our website:  
[www.lewannick.info/films](http://www.lewannick.info/films)  
or call David Eno 01566 782 352 or Carole Newbery 01566 782 621

## METHODIST CHURCH PREACHERS AND EVENTS FOR APRIL

*Superintendent Minister*  
Rev. Margaret Oxenham - Tel: 01566 782240  
**Polyphant Morning Service 10.30 am**  
(unless otherwise stated)

Sun 1	David Lewis
Sun 8	Linda Delbridge (Easter Sunday)
Sun 15	Wanda Gilbert
Sun 22	Brian Tunbridge
Sun 29	Philip Medland

### Events

Fri 6	Good Friday Service Launceston Central 10.30 a.m.
Sun 8	Circuit Service at Launceston Central 6.30 p.m.
Wed 11	Coffee Morning 10.30 a.m. - 11.30 a.m. In Polyphant Church Hall.

## Monthly Coach Trip

The next coach trip will be to Sidmouth on TUESDAY 24th April. Price to be confirmed. Usual pick-up points. Enquiries/bookings - please contact June Smith 782901.

## Launceston & Lewannick Scrapaholic Club

28 April 2007  
at Lewannick Village Hall

*Scrapbooking for beginners  
and the experienced.*

Join the craze that's sweeping the country and make beautiful, albums and scrapbooks.

Whole day (10am-4pm) including class and kit £15.00

Half day (1pm - 4pm) no kit £8.00  
Children whole day (10am-4pm)  
incl. small kit £10

Bring photos etc and lunch!  
Includes use of tools, stamps etc.  
Extra materials available for purchase.  
Book now - limited places.

More info & booking contact Marina  
email: [simplyfairycrafts@hotmail.co.uk](mailto:simplyfairycrafts@hotmail.co.uk)  
or phone: 01566 786 996

## The Archer Arms

Lynn and Pete extend a warm welcome to you.  
**Real ale, excellent wine selection, good home cooked food, and a great atmosphere!**  
**NEW - the kitchen will be open for food on Sunday evenings from Easter Sunday**

Open 12 noon and 5.30pm weekdays.  
Closed Tuesdays all day.  
Quiz on Sunday evenings - open at 7pm.  
Tel: 01566 782450  
[www.archerarms.co.uk](http://www.archerarms.co.uk)