

Lewannick, Polyphant & Trevadlock Newsletter

Lewannick Parish Council News

We did not meet in August as you may be aware. However, we have been asked by Devon and Cornwall Police, Sharon Chinn, our community officer, about an inter-parish cycle ride. Recently a successful cycle ride with more than 50 people raised lots of money for charity, cycling 7 miles from Trekenner school to South Petherwin school and finishing at Tregadillett linking 3 schools and 3 parishes. She would now like to organise the same event again and enquires if residents would be interested. The proposed date is Sunday 4 October. Insurance and refreshments will be provided and PC Kingdon and Sharon Chinn will be taking part on their Police cycles and offering bike security property marking on the day. The charity will be the Cornwall Downs Syndrome Support Group. The route in mind will be mostly 'quiet' lanes via Trevague. It is approximately 4.5 miles each way. If you are interested please contact Sharon Chinn 30286 PCSO Launceston rural office on 01566 771419 or email: Sharon.chinn@devonandcornwall.pnn.police.uk. (See more details in the advert).

We also have councillors who will be attending a Clean Cornwall Campaign at the Eden Project on 25 September. We have recently met with Cornwall Rural Community Council and a very informative meeting took place regarding proposals for a parish plan. We would need residents to become involved in the plan and further information on this will be set out in our newsletter next month.

Our next ordinary meeting will take place on Wednesday, 16 September 2009 commencing at 20.00hours. Our venue for September will be Polyphant. As always members of the public are most welcome to attend.

LAUNCESTON & DISTRICT OVER 50's VOICE

The next meeting will be held at Lewannick Village Hall on Monday 7 September at 2.00pm (doors open at 1.30pm) when Julie Green and Kate Milton of the Cornwall Primary Care Trust will be giving a PowerPoint presentation. Bernard O'Neil will also be giving a PowerPoint presentation on a "Fairer Council Tax". Visitors will include representatives from East Cornwall Community Volunteer Service, Age Concern, County Councillor Phil Parsons and MP Dan Rogerson.

If you are over 50 years of age why not come to our meeting and find out how we are fighting on your behalf.

Visitors and non members are welcome
Free refreshments

For further information call **Bernard O'Neil** on **01566 782992**

MOBILE LIBRARY

Dates: 1st, 15th, 29th September
Trevadlock Village, 10.00am - 10.20am
The Green, Polyphant, 11.05am - 11.25am
Lewannick Village Hall car park
11.35am - 11.50am
 Contact Bodmin Library on 01208 72286



Launceston Cycles

in Partnership with the Devon and Cornwall Constabulary, Parish Councils and Schools
2 Parish Sponsored Charity Cycle Ride
Sunday 4 October
 2.00pm start at Lewannick Village Hall (Lewannick - Altarnun - Lewannick)
 Sponsor forms available from the primary schools or PCSO Chinn or Matt Kingdon (see Parish news for contact details)
Everyone welcome
 Security bike marking at the end of the ride at Lewannick. Bike registration with permanent marking worth £10.95 for **FREE**



Donations welcome for Cornwall Downs Syndrome on the day



COOMBESHEAD AUTUMN FAIR

Coombeshead,
Lewannick

Tuesday, 13 October 2009
10.00am - 3.00pm

Enjoy a day out, do some early Christmas shopping and help raise much needed funds to equip and run our new centre. Profits to go to The Merlin Project in St Austell for Multiple Sclerosis sufferers

Over 40 stalls from all over the country displaying home-made jewellery, clothing, hand-painted china, decorative bags, children's clothes and toys, gifts from the far corners of the world and much more.
 Refreshments served all day
 Car parking and disabled facilities available

Entrance fee - £4 per person

FREE HORSE MANURE

You are welcome to help yourself or we can deliver small trailer loads for a small fee.
Contact Karen - 01566 782462

Cinema in Lewannick

Lewannick Film Society
Lewannick Village Hall
Friday 25 September

High Fidelity

(cert 15)

High Fidelity follows the 'mid-life' crisis of Rob, a thirty-something record-store owner who must face the undeniable facts - he's growing up. In a hilarious homage to the music scene, Rob and the wacky, offbeat clerks that inhabit his store expound on the intricacies of life and song all the while trying to succeed in their adult relationships. This romantic comedy provides a whimsical glimpse into the male view of the affairs of the heart.

Doors open 7.30pm, Film starts 8.00pm
Admission: £4.50. Under 16 - £3.00

As usual you are welcome to bring your own refreshments. Glasses and bottle openers supplied.

Info and booking:

David Eno 01566 782352

Carole Newbery 01566 782621.

<http://www.filmlewannick.co.uk>

Email: info@filmlewannick.co.uk

FITNESS CLASSES IN POLYPHANT

Polyphant Methodist Church
Hall



Monday afternoons:

Power Yoga, 1.00pm - 2.00pm

Pilates for Beginners, 2.00pm - 3.00pm

12 week course costs £49.20

For details please ring Sally Honey (Honeyz Fitness) on 07737 600424

Parnell's Garage Lewannick

Servicing - Repairs - Brakes - Clutches
 Exhausts - Welding - MOT Repairs
 Cars - Light Commercial - 4 x 4

Tel: 01566 782644 or 07962456663

RGP Computer Maintenance and Training

Microsoft Office (Basic Training)

Database - Access • Word processing - Word • Spreadsheet - Excel • Presentation - PowerPoint

Internet and Email

Maintenance and Repairs

Backup important data • Check your system for viruses and spyware • Check your computer hardware and software for errors • Upgrade any hardware and learn how it works

For further information and prices contact **Robert Pratt, email: rdv4@hotmail.com**

**POLYPHANT METHODIST CHURCH
SERVICES AND EVENTS FOR
SEPTEMBER**

Minister Rev. Margaret Oxenham
Tel: 01566 782240

Polyphant Morning Service 10.30am (unless otherwise stated)

Sun 6 Rev. Margaret Oxenham, 9.30am

Sun 13 Neil Burden - Harvest Festival, 3.00pm

Sun 20 Peter Bloye

Sun 27 Rev. Margaret Oxenham

Events:

Tues 1 and 29 The "PowerHouse Youth Bus" will be visiting Polyphant Green from 3.45pm. For information visit www.youthlaunceston.blogspot.com

Wed 9 Coffee Morning 10.30am - 11.30am Polyphant Church Hall

Wed 16 Harvest Buffet Supper, 7.00pm. Tickets £4 from Church. Auction of produce by Keith Wooldridge. Contact Owen Withers on 01566 86337 for information.

**ST MARTIN'S COMMUNITY CHURCH
LEWANNICK
SERVICES FOR SEPTEMBER**

Lewannick Morning Services

All services in Lewannick Church. Times variable.

Sun 6 Holy Communion, Rev Chris Probert, 9.30am.

Sun 13 Eric Roland, (Gideon Service), 10.00am

Sun 20 Rev Chris Probert, 9.30am

Sun 27 Own arrangement, 10.00am

Church Notices for September

Wed 23 - Coffee Morning at Lewannick Village Hall, 10.00am - 12 noon, to raise funds for the provision of disabled access for the Church

Jumble Sale

Sat 19 September

Lewannick Village Hall

Donations of jumble can be left at Joy White's, Bovetown Farm or at Betty White's, Gleblands.

For further information contact Margo on 01566 782767



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Polyphant Ladies' Club

There will be a coach trip to Coldharbour Woollen Mill and Ugbrooke Country House on **Thursday, 10 September**, leaving Polyphant Chapel at 9.00am.

The next meeting will take place on **Wednesday, 30 September** at Polyphant Methodist Church Hall at 7.30pm (please note the time for this meeting only). The speaker will be Paul Holden, House and Collections Manager at Lanhydrock House. Paul will be giving an illustrated talk on "Great Cornish Houses".

For further information please contact Ann on 01566 880019

**Lewannick
Post Office & Store**

Groceries, Fresh Bread, Cakes and Pasties, Off-license, Fresh Fruit and Veg, Fresh Flowers, Newspapers and Magazines, DVD Rental, Coal/Logs, Bottled Gas - all sizes available at very cheap prices

Shop open:

Mon - Sat:- 7.00am - 8.00pm

Sun:- 9.00am - 4.00pm

Post Office open:

Mon - Fri:- 9.00am to 5.30pm

Sat:- 9.00am to 12.30pm

Tel: 01566 782269

www.lewannick.info/postoffice

Monthly Coach Trip

There will be a coach trip to Truro on Thursday, 24 September.

For further information contact **June Smith on 01566 782901**

**Recycling Collections for
September:**

Lewannick, Polyphant and Trevadlock Hall Park, Tuesday 1st, 15th, 29th. Trevadlock Village, 8th and 22nd.

B. J.V. CLEANING SERVICES

Commercial and Domestic

Carpet and Upholstery • Windows • Hot & Cold Pressure Washing • Office Cleaning

Contact Barry on 01566782753

Websites

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01566 782 352

www.davideno.com

Archer Arms

- ◆ Freshly cooked food available every lunchtime and evening weekdays
- ◆ Open 12 noon and 5.30pm weekdays
- ◆ Open all day Saturday and Sunday
- ◆ Sunday roast served from 12.00 noon
- ◆ Quiz nights Sundays at 9.00pm
- ◆ Pizza served all the time the pub is open - eat in or take away

**Monday Meal Deals in September
Only £3.95**

7th - Sausage, Chips and Beans

14th - Fish, Chips and Peas

21st - Chicken and Mushroom Pie and Chips

28th - Chicken and chips

Eat in or Take away

Reward cards still available. Get 5p back for every £1 spent through the till!

Live Music for September:

Friday 4 - Tory 50,60,70 Rock and Roll as seen on May Day

Saturday 26 - Martin Fowler

Contact Alister on 01566 782450

www.archerarms.co.uk



Ellis

**Nursery & Gardens
Polyphant**

Open Wednesday to Saturday every week till October, 9.00am - 5.00pm

Tel: Tim Ellis on 01566 86641

Lewannick Garden Club

Meetings at Lewannick Village hall, 7.30pm

Wed 2 Sept:

Talk by George Kestel - "Plants for Winter Interest"

Wed 7 Oct:

Talk by Mark Wash - "Gardening in the Shade"

Wed 4 Nov: Gardeners' Quiz Night with Tim Ellis

Contact Tim or Sue Ellis for further information on 01566 86641

Oscar Pet Foods

- Free Nutritional Advice
- Free Delivery Service
- Free Behavioural Advice



Contact Graeme and Yvonne on 01566 782782

Email: ywinder@btinternet.com

Scrapaholic Club

Scrapbooking for beginners and the experienced

For information on forthcoming meetings please contact Marina on

01566 786996 or email:

simplyfairycrafts@hotmail.co.uk

CLOSING DATE FOR NEXT NEWSLETTER: SATURDAY 26 SEPTEMBER 2009

Please send your contributions to **Helena Novak, 8 Medrow, Polyphant, Launceston, PL15 7PS.**

E-mail: newsletter@lewannick.info or helenanovak@supanet.com - Phone: 01566 86067

Published by Lewannick Parish Council. The Editor reserves the right to cut or omit articles submitted. Views expressed in this newsletter are not necessarily those of the Editor or of the Parish Council. For latest news, events, local business, where to stay, and much more visit: **www.lewannick.info**