

# Lewannick, Polyphant & Trevadlock Newsletter

## Lewannick Parish Council News

We have just completed the installation of our noticeboard arena at Lewannick. We also have a new parish walk board that illustrates the 17 footpaths within our parish. All the paths are maintained by us. The holiday period would be an ideal opportunity for you to explore some of our wonderful public footpath walks. We are noting three circular walks in our parish below. Please remember all these walks go through farmyards which, unless the weather is very dry, tend to be extremely muddy, so boots are advisable. PLEASE BE CAREFUL TO SHUT THE GATES.

### Circular walk starting from LEWANNICK (1.5 miles, allow 1 hour).

The path starts by passing through Bovetown farmyard, behind the Church, and out by a metal gate, pass a fine row of sycamores and through another metal gate into a field. It continues east along the field edge towards the copse which tops Beacon Hill, then along the edge of a second field. At the next field boundary just where the copse begins, we have provided a seat so that walkers may rest and enjoy the fine views over the moors. This is the highest point of the walk and one can look northwards towards the dish aerials at Morwenstow on the North Cornwall coast, east, towards Dartmoor and south, over the small valley leading down to Trelaske House from Coombeshead Farm, with the Caradon TV mast in the distance.

At this point, through a kissing gate, the path enters Trelaske Barton, which is the large farm one can see slightly to the north-east as the path comes round the edge of the copse. This area is known locally as Beacon Hill and in the past it has been used to celebrate with bonfires such as national events as coronations and jubilees.

Once over the next stile the path turns away from the field edge and heads diagonally across the fifteen acre field towards the farm, where a wooden gate opens onto a lane leading down on to the road and the hamlet of Trelaske. By turning left down the road you can see Trelaske Court. The recommended walk, however, turns right up the road.

### TREVADLOCK (4 miles, allow 2 hours)

Start the walk at the turning opposite Trevadlock Farm. Follow the lane to the wooden gate into a field. Cross to the stile (hedgerow to the right). Now keep the hedgerow to the left. At the second gate turn right onto the farm road.

Opposite Lemalla farm house, take the gate on the left. Cross the field to the stile and stone footbridge. Up the bank and diagonally across the next field, a track leads to Trenhorne Farm. The sunken lane to the right runs beside a stream. Through the gate, cross both stepping stones and stile. A wooden bridge leads into a muddy water meadow. A second bridge and a double stile gives onto a field. Keep the hedgerow to the right until the next stile. Take the short lane and the next stile to the next

field. Cross to the gate leading onto the road. Over the road take the opposite gate and cross four fields. (Keep the hedgerow to the left and use the gates). Pass the sheep dip on the right and take the cart track down to North Hill. Either turn left (to the village), or right, along the road which runs by the grounds of Trebartha Hall. Once through the Trevartha Village take the green gate on the left through the woods. On the road again turn left down to the bridge over the River Lynher.

Near the top of the hill take the bridleway on the right to Treveniel Farm, past the farm buildings and through the metal gate, cross the field (hedgerow to the right). At the far side, a track leads behind a row of oaks. Through two wooden gates, cross the clapper bridge and turn left along the river bank. Another gate gives onto a green lane which climbs first through an avenue of oaks, and then between the hedgerows. Upon regaining the road, turn left, and so return to Trevadlock.

### POLYPHANT (2 miles, allow 1 hour)

There is no car park but there is plenty of room for parking around the green.

Follow the footpath across the green to the lane which leads up to the road. Turn left along the road for a few yards, and then right up the lane beside Polyphant Chapel.

Continue through the metal gate and past a steep track on the right to Polyphant Quarry. Past the cottage on the right, and through two gates, the lane becomes grassy, and leads into a field. (The hedgerow is on the left.)

Walk diagonally across the field to a stile in the centre of the hedgerow ahead. Over the stile, keep the hedgerow to the right until you reach a metal gate with a wooden stile.

Turn left up the metalled lane through Trethinna and onto the Launceston – Camelford road. Turn left for a few yards and take the stile opposite. With the hedgerow to the right, cross the field to the metal gate into Trerithick.

Through the yard, turn left along the road until reaching a stile on the right. Cross three fields towards Bowden Farm. Over a double stile the fourth field leads through a metal gate to the farmyard. Cross the yard and take the wooden gate onto the lane.

Turn right past the farmhouse, and left onto the track. Go through a metal gate and across the next field keeping the hedgerow to the left. After a wooden gate the path runs beside a wall, past Bowden Derra in the distance on the right, and out onto a drive. Continue straight on until the footpath turns to the left, just before Bowden Derra Lodge. Here the path passes between two cottages, and thus back onto Polyphant Green.

We hope that the above may prove helpful to assist you in enjoying our wonderful countryside.

Our next ordinary meeting will take place at Polyphant Village Hall on Wednesday 20 January commencing 20.00 hours.

**Finally Lewannick Parish Council wishes you all a happy and healthy 2010.**

### Lewannick Garden Club

There will be no meeting in January.  
**Contact Tim or Sue Ellis for further information on 01566 86641**

## Cinema in Lewannick

Lewannick Film Society  
Lewannick Village Hall

**Friday 29 January 2010**

### Night at the Museum: Battle of the Smithsonian

Family Film, 2009, Cert PG, 108 min  
Genre - Fantasy, Comedy

**Doors open 7.30pm, Film starts 8.00pm**

**Admission: £4.50. Under 16 - £3.00**

As usual you are welcome to bring your own refreshments. Glasses and bottle openers supplied.

**Info and booking:**

**David Eno 01566 782352**

**Carole Newbery 01566 782621.**

<http://www.filmlewannick.co.uk>

Email: [info@filmlewannick.co.uk](mailto:info@filmlewannick.co.uk)

## Harpers Meadow New Housing Development

Coastline Housing are delighted to announce the winning name for the new housing development opposite Hawks Tor Drive. The scheme will be called Harpers Meadow after Eddie Harper a previous owner of the land. 12 suggestions were received and the winning entry was selected by a panel of judges which included two people from the village and the Chair of Coastline's Design Panel. The winner has been notified and their food hamper will be delivered soon.

The new properties will include 10 rented and 6 shared ownership for sale on a part-rent part-buy basis. If anyone is interested in purchasing a property they can call the shared ownership team at Coastline on 08082 027 728 or email:

[homeownership@coastlinehousing.co.uk](mailto:homeownership@coastlinehousing.co.uk)

Anyone interested in applying for the rented properties should register with Homefinder Direct on 01726 874450 or visit [www.homefinderdirect.org.uk](http://www.homefinderdirect.org.uk)

### LEWANNICK AMATEUR DRAMATIC SOCIETY

Present their 61st Annual Pantomime

## Cinderella

**January 12, 13, 14, 15 & 16th**

**7.30 pm Lewannick Village Hall**

Limited seats available on door:  
book early to avoid disappointment

**Booking now:**

**E.Randall 782445 or H.Kingdon 86526**

Proceeds to Cornish Charities.

### Honeyz FITNESS

#### Polyphant Methodist Church Hall

Yoga, Aerobics, Pilates  
12 week course - £49.20

For details and to book a place for the new term in January please ring Sally Honey (Honeyz Fitness) on 07737 600424 email: [sally.honey@tiscali.co.uk](mailto:sally.honey@tiscali.co.uk)



**POLYPHANT METHODIST CHURCH  
SERVICES AND EVENTS  
FOR JANUARY**

Minister Rev. Margaret Oxenham  
Tel: 01566 782240

**Polyphant Morning Service 10.30am**  
(unless otherwise stated)

**Sun 3** Sandra Smale  
**Sun 17** David Pett  
**Sun 24** Rev. Keith Roberts  
**Sun 31** David Roberts

**Events:**

**Sun 10** Circuit Covenant Service at  
Launceston Central Church, 10.30am  
**Wed 13** Coffee Morning 10.30am -  
11.30am, Polyphant Church Hall  
Contact Owen Withers on 01566 86337 for  
information.

**ST MARTIN'S COMMUNITY CHURCH  
LEWANNICK SERVICES  
FOR JANUARY**

**Lewannick Morning Services**

All services in Lewannick Church. Times variable.

**Sun 3** Holy Communion, Rev Chris  
Probert, 9.30am.  
**Sun 10** Morning Worship, 10.00am  
**Sun 17** Holy Communion Rev. Chris Probert,  
9.30am  
**Sun 24** Family Worship with Ann Foster,  
10.00am  
**Sun 31** Neville Helme, 10.00am

**Events:**

**Wed 6** House Group at Stonaford Manor,  
7.30pm  
**Wed 13** Prayer Morning at St. Martin's  
Church, 10.00am - 11.00am  
**Wed 20** House Group, 7.30pm. For venue  
ring 782970  
**Wed 27** Prayer Morning at Trebullet Chapel,  
10.00am - 11.00am  
**Sun 31** United Benefice, 10.30am. For venue  
ring 782970

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Email: [adrian@apbcomputerservices.co.uk](mailto:adrian@apbcomputerservices.co.uk)

**Polyphant Ladies' Club**

Our next meeting will take place on  
Wednesday, **27 January 2010 at 2.00pm** in  
Polyphant Methodist Church Hall. This month  
our speaker is Kingsley Rickard who will be  
giving a talk on the "Pharmacy of Yesteryear - a  
lighthearted look at the chemist shop of times  
past".

**For further information please contact  
Ann on 01566 880019**

**Lewannick  
Post Office & Store**

Groceries, Fresh Bread, Cakes and Pasties,  
Off-license, Fresh Fruit and Veg, Fresh  
Flowers, Newspapers and Magazines, DVD  
Rental, Coal/Logs, Bottled Gas - all sizes  
available at very cheap prices

**Shop open:**

Mon - Sat:- 7.00am - 8.00pm  
Sun:- 9.00am - 4.00pm

**Post Office open:**

Mon - Fri:- 9.00am to 5.30pm  
Sat:- 9.00am to 12.30pm

Tel: 01566 782269

[www.lewannick.info/postoffice](http://www.lewannick.info/postoffice)

**Christmas Concert**

The Christmas Concert given by the  
Homeleigh Choir at Polyphant Methodist  
Church raised £290 for the Precious Lives  
appeal. **A big thank you to the choir  
and everyone who attended and gave  
donations.**

**LAUNCESTON & DISTRICT  
OVER 50's VOICE**

Our next meeting will take place on 4  
January 2010 at Lewannick Village Hall at  
2-00pm. Doors open at 1-30pm, main speaker  
will be Chris Mills from the South West Water.  
Visitors and non members are welcome. Free  
refreshments  
For further information call **Bernard O'Neil on  
01566 782992**

**MOBILE LIBRARY**

**Dates: Tuesday, 5th and 19th Jan 2010**

**Trevadlock Village, 10.00am - 10.20am**  
**The Green, Polyphant, 11.05am - 11.25am**  
**Lewannick Village Hall car park 11.35am -  
11.50am**  
Contact Bodmin Library on 01208 72286

**FREE HORSE MANURE**

You are welcome to help yourself or we can  
deliver small trailer loads for a small fee.  
**Contact Karen - 01566 782462**

**Fortnightly Recycling  
Collections:**

Blue Zone starting at 7.00am.  
Tuesday - 12th and 26th January 2010

**Archer Arms**

**Don't detox this January -  
your local needs you!**

- ◆ Freshly cooked food available every  
lunchtime and evening weekdays
- ◆ Open 12 noon and 5.30pm weekdays
- ◆ Open all day Saturday and Sunday
- ◆ Sunday roast served from 12.00 noon
- ◆ Quiz nights Sundays at 9.00pm
- ◆ Pizza served all the time the pub is  
open - eat in or take away

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**Monday Meal Deals in January  
Only £3.95**

*Subject to availability - lunchtime and  
evening. Eat in or Take away*

4th - Fish, Chips and Peas

11th - Pie and Chips

(Please note we are not serving food from  
Sunday 18 Jan till 2 Feb due to annual  
holiday)

**The bar will be open as normal**

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Come to the Archer Arms for Pre- and  
Post-Panto drinks and join the cast for the  
AFTER SHOW PARTY on the last night,  
Saturday 16 January

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Book now for Valentine's Day,  
Sunday 14 February

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**Contact Alister on 01566 782450**  
[www.archerarms.co.uk](http://www.archerarms.co.uk)

**Singing Lessons**

Music Workshops at Polyphant Church Hall  
will return in the Spring. In the meantime,  
for singing tuition towards performance,  
grades or just for fun, contact Zoe or Pete  
Zalick on 01566 86830

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on 01566 782782

Email: [ywinder@btinternet.com](mailto:ywinder@btinternet.com)

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**CLOSING DATE FOR NEXT NEWSLETTER: WEDNESDAY 27 JANUARY 2010**

Please send your contributions to **Helena Novak, 8 Medrow, Polyphant, Launceston, PL15 7PS.**

E-mail: [newsletter@lewannick.info](mailto:newsletter@lewannick.info) or [helenanovak@supanet.com](mailto:helenanovak@supanet.com) - Phone: 01566 86067

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