

# Lewannick, Polyphant & Trevadlock Newsletter

## Lewannick Parish Council News

Lewannick Parish Council met at Polyphant Village Hall on Wednesday 20 July. We had a meeting with the Carnewater Practice Manager prior to our ordinary meeting. We would now like to set-up a Forum Committee to assist with the support of Carnewater Practice and would be encouraged to hear from any residents within our parish who may like to get involved. Carnewater Practice is very committed in the healthcare service for our parish and is seriously looking at a site for a new surgery.

We had two planning applications for discussion, namely: PA11/04510 Application for Listed Building Consent for the renewal of roof and re-building of chimney, The Hive, Polyphant, Launceston for Catherine Thornhill. The application was supported. Application PA11/04836 First Floor extension to form bedroom and ensuite. The Cottage, Polyphant, Mr D Cash. Three Cllrs supported the application and five abstained.

There was one invoice for payment with respect to the maintenance of the green at Lewannick by Perfect Pastures of £400. Cllrs were pleased to note that our quarterly invoice for the maintenance of the common areas within our parish has been reduced substantially following the generous assistance from Bowden Derra, Polyphant in assisting us with the maintenance of Polyphant Green on a signed contract basis as previously reported.

There is no meeting scheduled for August 2011 and our next meeting will be held at Lewannick in September.



## Lewannick Flower and Produce Show

Saturday 6th August, 2.00pm

Classes for Flowers, Floral Art, Vegetables, Pot Plants, Containers, Cookery, Preserves, Handicrafts, Photography plus Children's Classes. Tea and cakes available plus produce stall. Entries should be submitted by 3rd August.

Enquiries tel: Margo 782767 or David 782352

## Garden Club

7.30pm on 1st Wednesday of every month at Lewannick Village Hall

**Aug 10:** Evening visit to Marsh Villa Gardens  
**Sept 7:** Talk on dahlias and sweet peas by Neil Ashmoor

**ALL WELCOME**

**Enquiries: phone Tim Ellis on 0156686641  
E-mail: info@ellisnurseries.co.uk**

## BUSY BEES CLEANING SERVICE

Domestic Cleaning ~ Holiday and Spring Cleaning ~ Care work ~ Ironing Service ~ Shopping Service ~ Pet & House Sitting Service ~ Inside Window Cleaning - All at reasonable rates  
**Call Maggie Edwards today on 007968 677783 for a FREE personal visit to discuss your needs**

## FAMILY DAY AND SUNFLOWER CHALLENGE



Sunday 11 September  
2.00pm to 5.00pm

Ellis Garden and Nurseries, Polyphant  
Entry £2.00. Ring 01566 772845 for details.

To be eligible for an award, we need to know how tall your sunflower is! *On 31st August ring 01837 52265 or email judy.pride@chsw.org.uk with your name, address and phone number or email address and the height of your sunflower in metres.*

We also have an art competition. Draw, paint or collage pictures of sunflowers and bring them along to the Garden at Ellis Nursery during the afternoon of Sunday 11 September to be judged. You will be able to design one on the day if you wish.

For a traditional family day out inspired by the beautiful surroundings of Ellis Garden, come along and you'll find something to interest all ages. From treasure hunts and quizzes, plant identification and garden advice to home made refreshments served at the edge of the garden, as well as the all important awards for the tallest sunflowers and pictures. This day out is your chance to spend some special time with your family and help raise the final £400,000 we need to complete the Precious Lives Appeal.

Little Harbour is in the last stages of the build and Children's Hospice South West is looking forward to taking the building over from the Contractor very soon. Once they have established the offices within the building and have moved from Truro to St Austell, they will prepare to welcome anyone who has ever supported the Precious Lives Appeal or who is interested in seeing the Hospice. It will be open on Wednesdays, Thursdays, Fridays and Saturdays throughout part of September, all of October and into the beginning of November. If you would like to visit, please call 01872 261166, or join one of the buses going from Launceston. The exact dates will be announced very soon.



**Help us open our new Children's Hospice**

## Did You Know?

The tallest sunflower ever grown was recorded in 2004 at 25.54 ft. - that's 7.75m!

## RNLI COLLECTION

The recent RNLI house to house collection in Polyphant raised £62.47. Our grateful thanks to everyone for their donations which will help with the RNLI's work of saving life at sea.

## WANTED

The Downing Day Centre at Pendruccombe House, Launceston want your **milk bottle tops** to convert into cash to provide a special type of wheelchair for a young woman. Pam Sobey has kindly offered to receive them. Contact Pam on 01566 86525

## Community Cinema

VILLAGE HALL LEWANNICK  
FRIDAY 19 AUGUST

### TRUE GRIT

Cert 15 - 110 min.

A well regarded remake of the 1969 classic  
**Doors open 7.30pm. Film starts 8.00pm**  
**Admission Adults - £4.50**  
**Under 16 - £3.00**

If you run a B&B or holiday let, please promote us to your visitors. We will be showing films in August and September  
*Booking and info: 01566 782621/782352*  
*Email: info@filmlewannick.co.uk*  
*Trailers and reviews of all films are available on our website: www.filmlewannick.co.uk*  
If you have transport difficulties **The Little Red Bus** is available. For enquiries and bookings Tel: 01566 777960 between 12.30pm to 2.30pm Mon - Fri.

## Archer Arms

*What's on at the Archer Arms in August*

**Monday Meal Deals - £3.95**

1st Fish, Chips and Peas  
8th Pie and Chips  
15th Chicken and Chips  
22nd Sausage, Chips and Beans  
29th Fish, Chips and Peas  
Served 12.00 - 2.30pm / 6.00 - 9.00pm  
Eat in or take away

**Free Pool** every Wednesday. Winner stays on  
**Euchre Practise Nights** every Wednesday at 8.00pm. Come along and help us get a team for next season!

**Live Music**

Friday 5th - "**Odd Sox**"  
Friday 19th - "**Opium**"  
Friday 26th - "**Gerri**"

**Quiz Night** every Sunday at 8.30pm. A bottle of wine for the winning team. £1 per person.

**Breakfast Club**

Last Saturday of the month. 27 Aug, 10.00am - 11.00am. £5.95 per person.

*For more information contact Alister or Zoe on 01566 782450. www.archerarms.co.uk*



A good friend (Paul Whybrew) and I recently completed a cycle ride from Santander in Spain back to the UK raising funds for the Children's Hospice South West. We started from the Kings Head in Altarnun on the 19th June and returned there on the 3rd July covering almost 720 miles in 12 cycling days. We would like to thank everyone who donated so generously to help the Precious Lives Appeal charity build their first children's hospice near St Austell.

*Dave Whitaker, Lewannick*

## Recycling Collections - August

Blue Zone starting at 7.00am  
9th and 23rd August

## POLYPHANT METHODIST CHURCH SERVICES AND EVENTS FOR AUGUST

Minister Rev. Malcolm Jones, tel. 01566 776603

**Polyphant Morning Service 10.30am** (unless otherwise stated)

**Sun 7** Melvin Symons  
**Sun 14** Elizabeth Rodgers  
**Sun 21** Janet Barriball  
**Sun 28** David Lewis

### Events:

**Mon 8** Open Meeting at Launceston Central, 7.30pm, initiated by Churches Together in Launceston to discuss the creation of a Launceston Food Bank. All are welcome.

**Wed 10** Coffee Morning, 10.30am - 11.30am, Polyphant Church Hall

**Wed 31** Welcome service for Rev. Eleanor Reddington

For information contact Owen Withers on 01566 86337. For Hall bookings at Polyphant contact Jennifer Creber at 01566 779215.

## ST MARTIN'S COMMUNITY CHURCH LEWANNICK SERVICES FOR AUGUST

### Lewannick Morning Services

All services in Lewannick Church. Times variable.

**Sun 7** TBA, 9.30am  
**Sun 14** Andrew Baker, 10.00am  
**Sun 21** TBA, 9.30am  
**Sun 28** Family service, 10.00am

### Events:

**Wed 24** Coffee Morning and Bring and Buy, John and Joy Wadge's, Trewanta Park, Lewannick, 10.00am - noon.

## GROUP TRAVEL

### 2011 COACH EXCURSIONS

#### PLYMOUTH BRITISH FIREWORK DISPLAY

Wednesday 17<sup>th</sup> August £9.50 per person  
Price includes return travel from Bodmin

#### RIVER FAL CRUISE

19<sup>th</sup> August £25 per person

A scenic River Cruise from along the river Fal from Truro to Falmouth. Board the coach to Healeys Cider Farm, the home of 'Cornish Rattler'. Price includes return travel from Bodmin, River Cruise, Cider Farm tour and Cream Tea. Booking closes 10<sup>th</sup> August.

#### BLANDFORD STEAM FAIR

3<sup>RD</sup> - 4<sup>TH</sup> September

Price includes two days' entry Fees  
Bed & Breakfast & Return coach travel.  
Adults - £104.50, Seniors - £103, Children - £87  
(Single supplement - £28)  
Booking closes 6<sup>th</sup> August 2011

#### BURGHLEY HORSE TRIALS

3<sup>RD</sup> - 4<sup>TH</sup> September

Price includes Bed & Breakfast, Evening meal.  
Two days' entry and return coach travel  
Price - Adults - £132  
Children 12 yrs & under - £112

## Polyphant Ladies' Club

There will be no meeting in August. Our next trip is on Wednesday 7 September and is a voyage from Plymouth to Morwellham Quay with Sound Cruising of Plymouth. Our next meeting is on Wednesday, 28 September at 7.00pm. **For further information please telephone Ann on 01566 880019**

## New Kung Fu Classes

Lewannick Village Hall

**Every Thursday, 7.00pm - 8.30pm  
(starting 4 August)**

- ◆ First two lessons free
- ◆ Get fit and flexible
- ◆ Build confidence

Children age 6 and upwards and adults.  
Contact Paul 07976 976750 or Tiffany 07969 984459. Fully qualified and CRB checked.

## THE GOOD COMPANIONS

**Bus Trip to Teignmouth**

**Wednesday, 17 August.**

Leaving North Hill at 9.00am, stopping at Trevadlock and Lewannick. Prices as usual. For information/bookings please contact Olive Derbyshire on 786803, Ruth Bloomfield on 782928 or Michael Cook on 782154.



THE UNIVERSITY OF THE THIRD AGE

Are you retired or in part-time work? Would you like to meet others in a similar situation? Would you like to improve your skills or fitness or learn something new? The Launceston & District U3A could be for you!

If you'd like to find out more about us, why not come along to one of our monthly coffee mornings in the Central Methodist Hall in Launceston. These are held on the last Friday of every month (except December) from 10.30 a.m. and you'll be made most welcome. In the meantime, if you'd like any further information please contact either of the following:

**Malcolm Wright, Membership Secretary,  
01566 776302,  
malcolm2hw@tiscali.co.uk  
Sandra Whaites on 01566 782024  
sandra@bowzell1.plus.com.**

## FOR SALE

**Two remote control helicopters**, one red, one yellow. One has never been used, the other once only - £20 each or will take an offer for the two.

**Halogen oven and accessories**, used twice in caravan - bargain price, £25.  
Contact B Hallsworth on 01566 782620

## GROUP TRAVEL

### FOR BOOKINGS AND ENQUIRIES

call 01208 77989/01208 72669

Website: [www.grouptravelcoachhire.com](http://www.grouptravelcoachhire.com)

Email: [benneymoon@btinternet.com](mailto:benneymoon@btinternet.com)

## L.A.D.S. CAR TREASURE HUNT

Sunday, August 21st from 6.30pm  
Lewannick Village Hall Car Park  
£2 per person. Kids go Free  
BBQ TO FINISH

## L.A.D.S. ROCK AROUND THE BLOCK

Saturday, 3 September

Gates open 7.00pm.

Outdoor event with Live Music.

Come and party in the field with rock and blues from "RUDH" and "DROP THE PILOT".

New for this year, "THE RAWTONES" (a great rockabilly band guaranteed to get you dancing) and singalong with "THE BUSKER".

BBQ, PINTS BAR (byo spirits etc)

Entry £5.00, available from the Archer Arms or L.A.D.S. members. £7 at the gate  
FREE CAMPING.

## Suzie Preston ITEC WMA CNHC Massage Therapist

Launceston . Lifton . Lewannick

*Deep tissue massage for injury recovery  
Relaxation massage for stress & tension*

Tel. 0785 2671 391

[www.suzieprestonmassage.co.uk](http://www.suzieprestonmassage.co.uk)  
[suziepreston24@yahoo.co.uk](mailto:suziepreston24@yahoo.co.uk)

## Rainfall for Lewannick

Compiled by John Panter

June 2011 5.20", 130 ml

June 2010 1.46", 36.5 ml

## LOGS FOR SALE

£2.70 per net

Ash wood - excellent for burning  
Free delivery for 5 nets or more within  
Lewannick. Contact Graham on 782802

Launceston Community  
Transport Partnership  
has been running the Little  
Red Bus for just over two



years. In that short time we have achieved almost all our goals, and exceeded many of them. Significantly, passenger numbers are rising - now over 2,000 including 160 wheelchair users. Volunteer numbers have increased - 20 drivers and 3 assistants in the office. There are regular services 4 days a week.

Our Lunch club requires a second bus journey to accommodate all the members on most visits. We made a small profit at the end of our second year.

All these achievements have only been made possible by the wonderful volunteers who keep the bus on the road, a brilliant management team, and all our lovely passengers. The next goal is to run a big red bus alongside our Little Red Bus. Would you like to be part of our successful team? Meet interesting people? Put some volunteer hours on your CV? Or simply be a bus driver for a day? Just give us a ring on 01566 777960. We will need more help when we have a second bus, so if you'd like to find out more - or if you have ideas of your own about community transport, we'd be pleased to talk to you.

**CLOSING DATE FOR NEXT NEWSLETTER: FRIDAY 26 AUGUST 2011**

**Please send your contributions to Helena Novak, 8 Medrow, Polyphant, Launceston, PL15 7PS**

**E-mail: [newsletter@lewannick.info](mailto:newsletter@lewannick.info) or [helenanovak@supanet.com](mailto:helenanovak@supanet.com) - Phone: 01566 86067**

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