

# Lewannick, Polyphant & Trevadlock Newsletter

## Lewannick's MayDay Celebrations

Monday 4<sup>th</sup> 2pm  
Maypole Dancing at 2pm



A Fun filled day for the whole family.

Craft & Gift stalls,  
BBQ, teas, cakes, preserves,  
clothing, shoes, toys,  
facials, hair wrapping, face painting,  
lovely meats, plants,  
Archery, Penpont brewery,  
Themed inflatables, Merry go round and much more....  
Live Music from The Horseband  
Proceeds to Lewannick Village Hall Exterior revamp & LADS Stage refit

### Lewannick has its Defibrillator.

It is in the adopted phone box next to the shop.

Defibrillation is an essential part of CPR when someone suffers a sudden Cardiac Arrest.

To get hold of the Defibrillator you must first call for an Ambulance and they will give you the access code.

Don't be afraid to use the Defib as it has a voice and visual prompt built in to help you.

The machine is very clever and it will not give random shocks to people that don't need it.

The Defib has been installed for everyone to have access to it if needed.

*If you need more info give me a call on 782621  
A big thank you to all who made this happen,*

*John*

### Rainfall for Lewannick

MARCH 2015 3.08" 77MM  
MARCH 2014 3.62" 90.5 MM

*Compiled by John Panter*

## LEWANNICK PARISH COUNCIL

The ordinary meeting of Lewannick Parish Council was held on Wednesday 15 April at Lewannick Village Hall.

Concerns have been raised about the amount of fly tipping within the parish. In particular the slip road off of the A30 to Lewannick and between Plusha and Midway Farm. We do know who is doing this and would stress that this must not continue.

The annual inspections of the two play areas in our parish will take place this month on behalf of Rospra. The former Polyphant Youth Club have very kindly offered to gift a park bench for Polyphant.

Library and One Stop Shop Service Consultation - this will be held at Launceston Library on Friday 1 May 10 - 12 and 1 - 4pm.

Support for community energy groups - The Institute for Sustainability to provide support for community energy projects in Cornwall have approached Cornwall Council. The Institute is interested in working with groups which require additional support to develop community owned renewable energy projects. The support is available to established groups and to communities looking to establish themselves. The Institute is looking to provide direct project support and assist with access to finance.

Cornwall Local Plan Examination - the first hearing will commence at 2pm on Monday 18 May at the Atlantic Hotel, Newquay.

Home-Start Kernow is a community based charity that assists families who would benefit from help through difficult times. If you need help or know someone who could benefit from assistance please contact [www.homestartkernow.org.uk](http://www.homestartkernow.org.uk).

Annual Parish Meeting - our Annual Parish Meeting will be held at Polyphant Village Hall on Wednesday 20 May. The Parish Meeting will commence at 19.30pm. We welcome input from the parish and from the many groups that form part of the community

### Lewannick Post Office & Stores

Groceries, Off-licence, Cakes & Pasties, Fruit & Vegetables, Fresh Bread, Newspapers & Magazines, Coal & Logs, Dry Cleaning Service, Greeting Cards, Bottled Gas - all sizes available at very cheap prices!

#### Opening Hours Shop

Mon - Sat: 7.00am - 8.00pm  
Sun: 9.00am - 4.00pm

#### Post Office

Mon - Fri: 9.00am - 5.30pm  
Sat: 9.00am - 12.30pm

01566 782 269

### **Parnell's Garage** LEWANNICK

Servicing • Repairs • Brakes • Clutches  
Exhausts • Welding • MOT Repairs  
Cars • Light Commercial • 4x4s  
01566 782 644 or 07962 456 663



### **Polyphant's Charitable Village Store**

8am - 8pm Mon - Sat  
General Groceries, Fresh fruit & Veg,  
Confectionary, Fresh Bread & Cakes, Chutneys & preserves, Greeting cards & gifts, Off Licence, Hot pasties & sausage rolls  
Freshly served Tea & Coffee,  
logs kindling & coal  
Card payments & cash back

### THE LEWANNICK BIG LUNCH 2015

SUNDAY 7th June  
ideas or volunteers please contact  
Carole 782621

## Lewannick Garden Club

### Gardeners Question Time

Friday 8th May  
Lewannick Village Hall  
£ 1-00 entry  
Tea & Cakes

Tim Ellis 86641 / 07973 771338

## ARCHER ARMS IN MAY

**MAYDAY BREAKFAST SERVED 10 – 11**

**LIVE MUSIC MAYDAY 9PM WITH**

**NUCLEAR MILK**

**BACK BY POPULAR DEMAND CAR WASHING**

**EVERY SATURDAY IN THE CAR PARK WITH  
SPARKLEAN**

**TRIM & PINT NIGHT TUESDAY 26TH WITH  
SHARON FRANCOME £1 DRINKS VOUCHER  
WITH EVERY HAIR CUT 5.15-6.45 ISH (SUBJECT  
TO NEW ARRIVAL)**

**OPEN ALL DAY EVERY DAY 12 TILL CLOSE NO  
FOOD ON TUESDAYS BAR OPEN AS NORMAL  
WITH FREE JUKE BOX AND FREE POOL**

**MONDAY MEAL DEAL ONLY £3.95**

**4TH NO FOOD**

**11TH HALF ROAST CHICKEN AND CHIPS**

**18TH HAM EGG AND CHIPS**

**25TH FISH CHIPS AND PEAS**

**SERVED 12-2.30/6-9PM EAT IN OR TAKE AWAY**

**LIVE MUSIC FRIDAY 29TH WITH TORI**

**QUIZ NIGHT EVERY SUNDAY 8.30PM NOW**

**WITH A NEW MONEY ROUND**

**BREAKFAST SERVED SATURDAY 30TH BETWEEN  
10-11AM**

**CALL ALISTER ON 01566 782450**

## Community Cinema

*The Theory of Everything*

Friday 15<sup>th</sup> May

CERT PG-13 123 Mins

*The story of one of the greatest  
living minds- Stephen Hawkins*

Doors open 7.30pm Film Starts 8pm

Admission Adult £4.50. Under 16

£3.00

[www.filmlewannick.co.uk](http://www.filmlewannick.co.uk)

Information & Bookings

01566 782 621/ 01566 782 352

## Polyphant Methodist Church

**Polyphant Morning Service 10.30  
(unless otherwise stated)**

Sun 3rd Mr J Langston  
CHAPEL ANNIVERSARY 3pm  
Sun 10th Own Arrangement  
Sun 17th Rev. E Reddington (Sacrament)  
Sun 24th Mr Wenmoth  
Sun 31st Mr N Burden  
Every Wed morning 0900 Said Morning Prayer

### EVENTS

Wed 13th Coffee Morning & Book Club  
10-11.30 (all welcome)

*Polyphant Chapel is a collection point for  
Launceston Food Bank if you wish to donate  
food at any time, all contributions are most  
welcome.*

*For information please contact Owen Withers  
01566 86337/ Alix Watt 01566 86734  
Rev. E Reddington 01566 782240  
Bookings Jenny Creber 01566 779215*

## Lewannick Services

Sun 3rd Holy Communion 09.30  
Sun 10th Morning Worship 10.00  
Sun 17th Holy communion 09.30  
Sun 24th NO SERVICE. We will join the  
Churches Together at Launceston Town Hall  
for a special Pentecost service  
Sun 31st Holy communion 10.30 This will be a  
farewell service for Eleanor and Malcolm  
Reddington. Followed by bring-and-share  
lunch at the Village Hall

### EVENTS

Monday 4th May Day celebrations – we are  
running the cake stall. Any baking  
contributions welcome.  
Wed 6th Coffee morning 09.30–11.30 in  
church. All Welcome.  
Wed 13th and 27th The Vine Group at Barn  
Park, Trebartha 18.30 prayer; 19.00  
discussion. We are looking at Big Questions of  
Faith.  
*Please Contact Janey 01566 782709*

*Lewannick Church is a food bank collection  
point. Please leave any contributions (non  
perishable) in the crate near the font.*

## Logs4you

Dry, seasoned hardwood logs delivered free  
to your door. Satisfaction guaranteed with the  
quality & quantity. Various sizes of loads  
available. Nets available at £3.50 each with  
free delivery on 5 or more. A friendly and  
reliable service.

Please call 07821 879106 or 782796

## Polyphant Ladies Club

Our first trip this year will be on Wednesday 20  
May when we will be having a tour of  
"Plymouth Gin" on the Barbican. In the  
afternoon we will be visiting Thorn House at  
Wembury.

Our Speaker at our meeting on May 27<sup>th</sup> at  
7pm is Chris Batters, a local film maker, who  
will be telling the story of  
"The Murder of Nevell Norway in 1840".

Polyphant Methodist Church Hall.

Visitors are always welcome.

*Any further information,  
please telephone Ann 880019*

## Suzie Preston ITEC FHT CNHC

Massage for injury recovery reflexology  
for well-being Tel 0785 2671391

## POLYPHANT CHAPEL

### ANNIVERSARY

SUN 3rd MAY at 3pm

Service led by Julian Langston with The  
Burraton Boys Choir

Followed by Afternoon Tea.

All Welcome.

## Gardening service

Call Simon on 07745430944.

## The Good Companions

Please do come and join us on our  
latest adventure on May 20th when  
we go to Exmouth the cost is £10 per  
person

to book please call

Olive 01566 786803

Ruth 01566 782928

Julia 01566 782123

## FREE HORSE MANURE

TEL 01566 782462 07989022914

## Sing with others for fun for free

call Dotty 782368 or Sheila 782609

## NEWSLETTER DISTRIBUTER REQUIRED

FOR THE OLD PART OF POLYPHANT  
*copies available at 3 Cows on't Green*

**CLOSING DATE FOR NEXT NEWSLETTER: Friday 22<sup>nd</sup> May 2015**

Please send your contributions to Emma Ryan, Rose Cottage, Lewannick, Launceston, PL15 7QD. E-mail: newsletter@lewannick.info The Editor reserves the right to cut or omit articles submitted. Views expressed are not necessarily those of the Editor or of the Parish Council.

For latest news, events, local business, where to stay, and much more visit: [www.lewannick.info](http://www.lewannick.info). Published by Lewannick Parish Council.